

*Thank you very much for your purchase of Vitiligo Cover lotion. Please allow yourself time to experiment with learning to apply the lotion to get the desired results. If you have questions, please feel free to contact me anytime.*

*All the very best,  
Nathalie*



**Skin Pre-care:** If your skin is excessively dry, apply a regular lotion to your body for a few days prior to applying Vitiligo Cover lotion so your skin can absorb it better for optimal results.

**Preparation** Shower using loofah or washcloth with soap and water to remove dead skin cells on the surface, then dry off thoroughly before applying our lotion.

**Light, Medium skin tones:** For best results use the lotion over the entire body or at least the whole appendage where the vitiligo is located. You can mix 50/50 with your favorite moisturizing lotion to dilute the formula.

**Darker tones:** If you apply the lotion only to white patches, remove lotion around outer edges with a wet wipe or corner of washcloth. You may need a few layers to attain good color match.

### **Arms, Legs, Torso**

With hands, apply a thin layer of Vitiligo Cover lotion to the whole area. Keep arms bent so the lotion distributes evenly over elbows. Do the same for the knees. Lightly dab joints with a dry washcloth to remove excess lotion.

### **Face**

With finger or sponge, apply thin layer of Vitiligo Cover to white patches, wait a minute for skin to absorb, then apply a 50/50 mix of Vitiligo Cover & moisturizer to whole face.

### **Hands – DO LAST**

Clean hands with warm water and soap. A scrub brush will remove excess lotion from your palms and assure that nails aren't stained. Dry hands with a dark towel before applying the lotion. Apply a very small amount of lotion to the backs of hands and blend evenly with the applicator sponge. Lightly dab the knuckles with a towel after application to remove excess lotion.

**LET Vitiligo Cover Lotion DO THE WORK...and in 6-8 hours** the vitiligo patches will blend with your natural skin tone. You can use the lotion before bed if you use darker colored sheets or, simply wait 15 minutes after application before dressing.

**Let's do a little test on a patch of vitiligo** that is not conspicuous while dressed for the day.

1. Apply a small amount of Vitiligo Cover lotion to just the white patch...perhaps use the sponge that was included with your package if the area is not too big.
2. Let the color develop for 8 hours, being sure to not get the area wet.
3. Look at the color. If it is not dark enough, add another light layer and wait 8 hours.
4. If the color looks good, you know that 2 layers is what you want with each application. (continue with a 3rd layer, if needed)
5. Next time you are going to apply the lotion elsewhere, simply add the first light layer, wait about 1 minute for that to be absorbed, then apply the second light layer and let both fully develop for 8 hours.

-Put additional layers on the white patches only.

### **Quick Tips**

- Remove red cap under lid.
- Always use a thin layer of Vitiligo Cover when applying; more is not better.
- Gently rub lotion onto skin until absorbed.
- You will only need to reapply the vitiligo cover lotion after the color fades to the point where you'd like for it to be darker.
- Do not get water or sweat on the areas while the color is developing about 6-8 hours.
- After color has developed you can go about normal activities.
- Apply a regular moisturizing lotion daily to keep new color longer.
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- During the summer months, you may wish to apply more than one layer in order to match your tanned skin tone.

**We are here help:**

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**Caution: For external use only.  
Does not contain sunscreen.**